

The DAC Short Course Meters Championships December 6-7, 2008
Sanctioned by –USMS- 32-08-13-S

Facility The Denver Athletic Club
1325 Glenarm Place
Denver, CO 80204
8 Lanes x 25 Meter pool.

Timing Automatic, Colorado Time System 5 with touch pads, with back-ups and Hy-tek Meet Manager Software.

Times Saturday: Warm-up for the 1,500 will be from 7:00 am-7:50 am.
Event 1, the 1,500 free will start at 8:00 am.
Warm-up for remaining events (2-6) will tentatively be from 10:00am-10:50 am.
The meet will tentatively start at 11:00 am.
Specific warm-up and start times will be posted once the number of entries in the 1,500 Free has been determined.
Sunday: Warm-up will be from 7:00 am-8:20 am.
The meet will start at 8:30 am.

Age Groups 18-24, 25-29, 30-34, 35-39, 40-44, ...100+

Eligibility Only current USA/USMS registered members with a USA/USMS card

Entries Entries are due by Friday, November 28^h at 6:00 PM
Entry fee will be \$25.00 for up to 5 events.
Make checks payable to the Denver Athletic Club
Team Manager Entry File is preferred
Consolidated Entry forms must be accompanied by entry fees and a copy of USMS card. Psych Sheets will be posted on the DAC website at www.denverathleticclub.org, under the Swim Team section, by December 3rd.
Send entries to:
Rich LeDuc rleduc@denverathleticclub.org
2029 Fairfax St.
Denver, CO 80207
(720)931-6712

Late Entries Late entries will be accepted provided the following requirements are both met:
1) **LATE ENTRIES ARE RECEIVED AT LEAST 30 MINUTES PRIOR TO THE START OF THE SESSION.**
2) **THE LATE ENTRY DOES NOT CREATE AN ADDITIONAL HEAT.**

Rules Rules to be enforced per the [2008](#) USA/USMS Rule Book

Saturday Morning Events 1-6

1 **1,500 FREE
2 200 IM
3 100 BACK
4 200 BREAST
5 50 FLY
6 400 FREE

Sunday Morning Events 7-12

7 200 FREE 13 50 FREE
8 100 IM 14 200 BACK
9 50 BACK 15 50 BREAST
10 100 BREAST 16 100 FLY
11 200 FLY 17 100 FREE
12 400 IM 18 800 FREE

ALL EVENTS WILL BE COMBINED AND SEEDED ACCORDING TO ENTRY TIME

This meet will feature both USA and USMS Athletes

**The 1,500 free will start at 8:00am. Once the number of participants has been determined, specific warm up time for the remaining events will be posted in the DAC website under Swim Team.